

though the reader might get the impression that the authors, when discussing various aspects of one problem, make repeated references to several previously addressed issues, the paper does offer a comprehensive approach to the subject matter and therefore leads to its better understanding.

The remarkable value of the collection of papers presented in this review lies first and foremost in the topicality and importance of the problems discussed. One cannot fail to mention the significance of the team of authors and contributors referred to in the introduction as well as the high standards of scientific excellence represented by all the featured papers. It is also of note how skilled academic editing enhances the book's coherence and integrity which, while being a collaborative effort, is also a solid and condensed monographic study of the problem. The internal logic behind the choice and sequence of texts, the book's well thought-out structure as well as an interesting content of its respective articles deserve additional commendation. The collection is highly recommended for all groups of readers interested in the issues of dispositional groups and education for security understood in its broadest sense.

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*Rynek szkół, uczelni i zajęć sportowych oraz jego aktorzy w rzeczywistości wielkomiejskiej* [Market of schools, colleges and sport centres and its actors in metropolitan reality], edited by Barbara Wiśniewska-Paź, Wydawnictwo Uniwersytetu Wrocławskiego, Wrocław 2014, 352 pp.

Edited by Barbara Wiśniewska-Paź, this volume is the result of scientific deliberations carried out by participants of a conference on the role of sport in contemporary society, with particular regard to big city environment and educational issues, organised by the Institute of Sociology at the University of Wrocław on 7–8 June 2013. The volume submitted for review constitutes an extensive work as it consists of 370 pages.

Following the table of contents structure, the work comprises papers written by Barbara Wiśniewska-Paź, Piotr Schmidt, Dawid Kryński, Anna Iwaszyn, Aneta Radom, Małgorzata Kierat, Stanisław Kamykowski and Katarzyna Rutkowska. The subsequent text in the volume is an article co-authored by Anna Felińczak, Aureliusz Kosendiak and Faustina Hama, while Monika Surawska is the author of the next text in turn. Two successive articles were written as collective works: the first by Katarzyna Daniło, Anna Felińczak, and Aureliusz Kosendiak, the second by Marta Wsiaki, Katarzyna Eibin and Kajetan Błażejowski. The authors of subsequent articles in the book are as follows: Jakub Ryszard Stempień, Sebastian Klich, Wojciech Doliński, Agnieszka Surynt, Monika Budnik, Agata Kucharska, Aneta Kierczewska, Marek Oktaba, and Gustaw Grochowski. The volume closes with a text by Bartosz Cielecki and Dominik Rozpędowski.

In the volume, the texts have been divided into four sections: 1) "Strategies — visions — ideas"; 2) "Sports education at schools and universities"; 3) "Sport — predisposition — development — health"; 4) "Sport as a form of spending free time and preventing social pathologies from spreading". The structure of the work is very clear and the texts have been assigned appropriately to particular sections.

The book opens with an introduction written by Barbara Wiśniewska-Paź, the editor of the volume, who writes about the role of physical culture in ancient and modern societies. She mentions the Wrocław conference, during which the authors presented their papers and participated in the discussions. From her description, one can construe that it was a large-scale interdisciplinary project forming the foundations of new comprehension of the role of sports in both state and regional communities, as well as in sports and health care education. Concisely, but also exhaustively, the author presents the issues examined in the book.

The first section, “Strategies — visions — ideas”, consists of two articles beginning with the text written by Piotr Schmidt and titled *Sports development support as a task for local government units*, in which the author analyses the objectives realised by local authorities in the field of sports in accordance with legislation, i.e. government acts and local authority resolutions. It is a very interesting analysis. Schmidt enumerates the positive and negative elements connected with the influence of local authorities in Wrocław on the questions related to the sphere of sports.

The second article in this section, entitled *The local government policy regarding sports education market — the case of Wrocław*, was written by Dawid Krysiński. In an interesting way, the author shows the city plans regarding the sports issues included in the “Wrocław 2020 Plus Strategy” and “Wrocław strategy in terms of recreation”. He provides a clear presentation of the quantitative data in the form of attractively designed charts. The subsequent section is devoted to sports education at schools and universities. In her article, Anna Iwaniszyn presents the issues summarised in its title: *Sports education market and motivation to become its participant based on the example of sports primary schools in Wrocław*. What deserves particular attention in this also otherwise interesting project is a properly structured presentation of the results of research carried out by the author.

Aneta Radom wrote about the status of sports classes in various middle schools in Wrocław. This research area may be treated as a fascinating complementary material to the study of sports schools developed by the above-mentioned author (Anna Iwaniszyn). The text has generated interest of experts familiar with the subject of research, and researchers who create the knowledge system dedicated to this subject matter.

The next text, titled *The admission criteria for sports classes and dilemmas regarding individual choices*, was written by Małgorzata Kierat. The author scrutinises a very important issue associated with the school admission system. She demonstrates the multi-layered nature of the admission criteria and compares the formal rules with everyday school reality. It is a very interesting text. The author — a sociologist and an experienced teacher herself — examines the explicit and implicit functions of the admission system.

Stanisław Kamykowski took it upon himself to examine the issues of sports at universities in his article titled *The academic sports market in Wrocław*. While showing the specificity of sports activity cultivated by students, the author juxtaposes the European and Polish contexts. In a thought-provoking manner, he characterises the academic sports environment in the capital city of the Lower Silesia District.

Katarzyna Rutkowska is the author of the article entitled *Motivating students to activity and engagement in physical education classes*. The text comes from the field of psychology and sociology of motivation.

The third section, entitled “Sport — predisposition — development — health”, opens with an article titled *Overweight and obesity in children and adolescents at schools* by three authors: Anna Felińczak, Aureliusz Kosendiak and Faustina Hama. In a straightforward yet thorough way, the authors explain the ubiquitous phenomenon of excessive weight gain in children and adolescents. The article contains an interesting explanation of the origins of the Body Mass Index (BMI), as well as duly described tables. In conclusion, the authors propose the diagnosis as well as the measures to be taken in order to reduce the number of people struggling with this alarming phenomenon.

In her article titled *Personality versus activity of an athlete*, Monika Surawska delivers an interesting presentation of the results of her pilot studies. The article contains a thorough demonstration of both questions and hypotheses, as well as an indication of what has been tested by the author in her research exploration, which constitutes one of the stages in completing the final research objective.

A team of authors, including Leszek Korzewa, Ewa Misiólek and Urszula Włodarczyk, wrote an article titled *A survey on motor predisposition for sports training in a group of 10-year-olds from Wrocław — genesis and realization in the years 2008–2012*. Both the text and the tables may become an interesting material for the secondary analysis carried out by other researchers.

Another team of authors includes Katarzyna Daniło, Anna Felińczak, and Aureliusz Kosendiak. Their article is titled *Activity and physical fitness of 4–6 graders from primary schools in the city of Wrocław and Jelcz-Laskowice*. I consider the text to be a consistent analysis of the research subject.

Maria Wsiaki, Katarzyna Eibin, Kajetan Błazejowski submitted a collective article titled *The role of sports in the life of a young person based on the example of selected combat sports*. The authors chose a fascinating research area and it should be assumed that the research subject is close to their immediate experience. A significant part of the text is devoted to the role of martial arts (taekwon-do and judo) in the lives of young people, and the authors employed the observation technique to assemble data for analysis.

Jakub Ryszard Stempień wrote an article titled *Children and teenagers running contests in Poland from the perspective of physical culture sociology*. The text constitutes yet another article written by this author dedicated to physical activity of the Polish society connected with running competitions.

Sebastian Klich submitted a text titled *Movement dysfunctions among children and adolescents — medical and social threats and forms of countermeasures in sports activities*. This article is devoted to the prevention of faulty posture, which occurs in the young generation as a result of the civilization development.

The article by Wojciech Doliński is titled *Athletes with disabilities and biographical control of the world of experience*. The text constitutes a thought-provoking case study from the field of the sociology of knowledge.

The last, fourth section of the volume is called: “Sport as a form of spending free time and preventing social pathologies from spreading”. It begins with the text by Agnieszka Surynt titled *‘Housing estate coach’ — a program for the prevention of social pathologies from spreading among children and adolescents in the urban environment (the Wrocław proposal)*. The aforementioned article is followed by Monika Budnik’s text: *Physical activity in the context of the prospects for its cost-free cultivation*.

Further on, the volume contains Agata Kucharska's report, titled *Athletes' life stabilization after finishing sports careers based on the example of fencers*. I highly appreciate the text — an interesting title, thorough analysis, and discussion with a summary.

Aneta Kierczewska is the author of the article titled *The position of women in sports and social education*. The title is polysemous and intriguing.

Marek Oktaba wrote about sports education as a strategy for helping the homeless recover a respectable status in the society. It is a very interesting text.

Gustaw Grochowski is the author of the article titled *Training young athletes in soccer training centres based on the example of the Duda Football Academy in Wrocław*. The article can be recommended to coaches and football instructors.

The last text in the volume was submitted by Bartosz Cielecki and Dominik Rozpędowski. Their article, titled *Three dimensions of football fans education*, is highly eloquent and has a clear structure.

The volume *Rynek szkół, uczelni i zajęć sportowych oraz jego aktorzy w rzeczywistości wielkomiejskiej*, edited by Barbara Wiśniewska-Paź, can be recommended to representatives of the humanities, social and medical sciences. It constitutes the results of an interdisciplinary discussion that took place during the conference organised by the local academic and governmental circles of the Lower Silesia Regional Assembly.

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